

# TRAINING TURF THICKNESS: 10 MM

Training Turf is a 10mm thick synthetic turf solution combined with a 5mm thick shock-absorbing underlayer to ensure maximum comfort (KA > 40%) during even the most exhausting workouts. This surface is created with low-abrasive Mondoturf filaments and designed to withstand even the wear and tear of power sleds.

[CLICK ON THE IMAGES TO WATCH THE TRAINING TURF TRAILER!](#)



# TRAINING TURF

THICKNESS: 10 MM



## Perfect for:

- Sleds work-out
- Bodyweight
- Athletic conditioning
- Mobility and Stability work-outs

Greenguard Gold certified

## PERFORMANCE & SAFETY

Training Turf is designed to combine softness and resistance: the shock-absorbing underlayer provides optimal support for the use of training sleds, while the surface filament construction minimizes abrasions, enabling comfortable training even when your skin touches the turf

WE INNOVATE.YOU WIN

 **MONDO**

# TRAINING TURF THICKNESS: 10 MM



Life Changer Canelli, Italy



Life Changer Academy Headquarter - Firenze, Italy

**Total thickness: 15 mm**

**Yarn Height: 10 mm | Yarn Ditetex: 6200**

**Roll Length: 11 m (with markings) or 25m**

**Roll Height: 200 cm**

**Weight: 5.70 kg/m<sup>2</sup>**

**Product color available: green**